

PROPOSAL

DEMONSTRATION SITE: New Jersey System of Care for Adults with Co-Morbid Severe Behavior Disorders - Including 6 bed Co-Morbid Severe Behavioral Unit – (NJ-CSBU) – Modeled after Johns Hopkins Kennedy Krieger Institute – Neurobehavioral Unit (KKI-NBU) and using their best practices. Outcome data will be evaluated as proof of concept.

What are Co-Morbid Severe Behavior Disorders?

Individuals with Co-Morbid Severe Behavior Disorders exhibit complex challenging behaviors, including life threatening self - injury, aggression, property destruction and elopement. Their severe behavioral and psychiatric challenges limit their lives and the lives of their families.

These Individuals often carry a diagnosis of autism or another neurodevelopmental disability and the vast majority have a comorbid intellectual disability. Some individuals with CSBD have genetic syndromes and medical conditions. Many are non-verbal or have limited to no functional communication.

All have failed intervention treatment at lower, less intense levels, and as a result, are referred to as treatment resistant.

WE NEED

A System of Care including a Co-Morbid Severe Behavioral Unit (NJ-CSBU)

The current process for addressing these most vulnerable members of our community is a fragmented, short term approach that relies on Emergency Rooms, hospitalizations and has become a revolving door where patients are admitted, medicated to sedation and then released, only to be readmitted. Individuals with CSBD often stay in Emergency Rooms for months and hospital stays of 333 days have been reported. The cycle continues, behaviors worsen, families are destroyed and costs of care skyrocket. Ironically, we are actually paying more money for a severely broken system.

The complexity and severity of this disorder requires an Interdisciplinary approach including specialists who conduct intensive assessments, medical/dental evaluation and treatment planning and a behavior plan. There is also a major challenge of successfully transitioning individuals back to their community settings. This requires a systems of care approach to maintain quality of life gains and the efficacy of treatment at a sustainable cost.

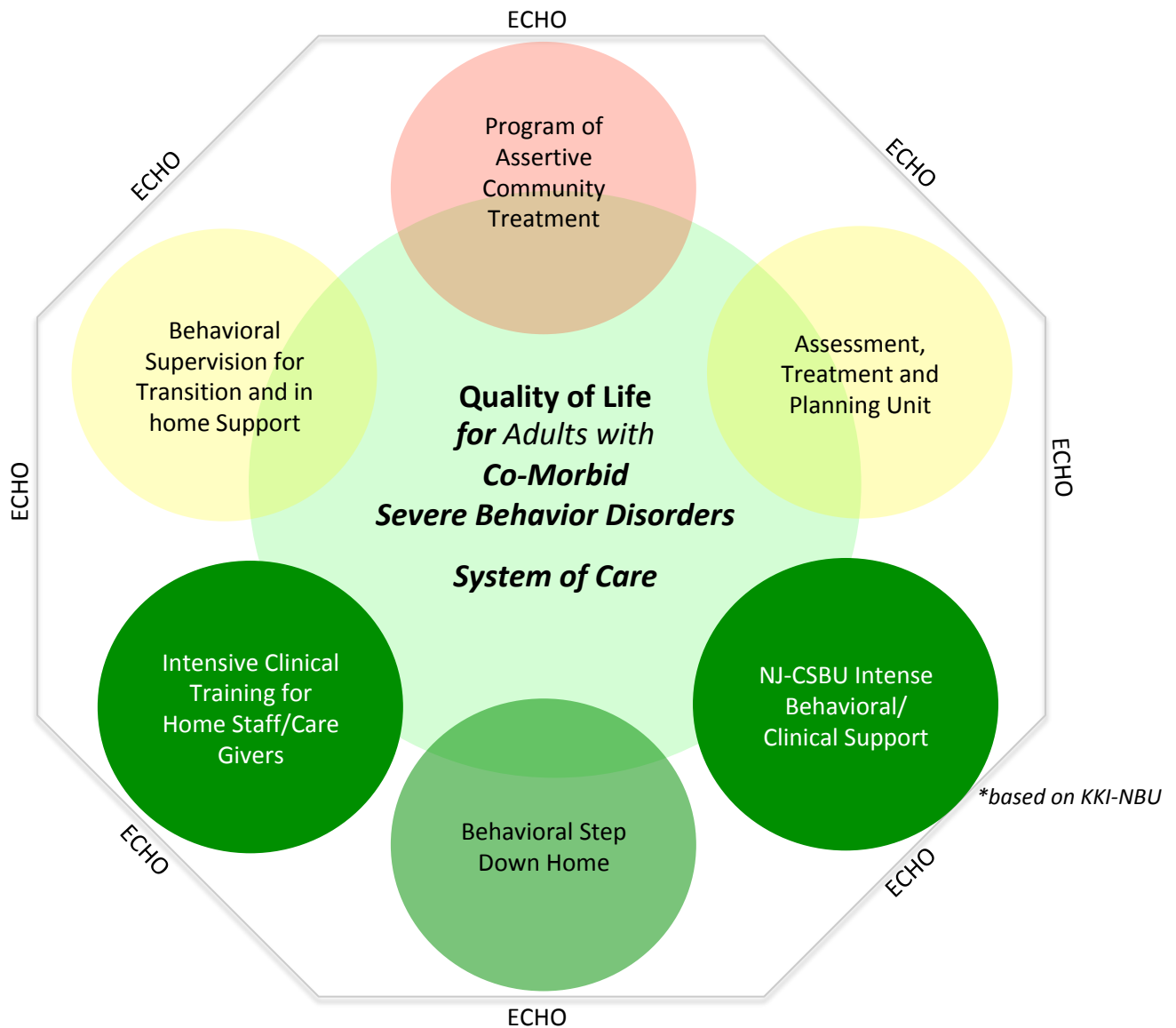
The challenge of addressing the complex challenges of adults with CSBD is not just an issue for New Jersey. It is a major challenges across the United States and throughout the world. **Where do we begin?**

We are fortunate to have the world renowned Kennedy Krieger Institute as a model for our work moving forward. Considered the best in the world and recently replicated in France, the **KKI – Neurobehavioral Unit is a model that can be replicated and enhanced in New Jersey.**

Kennedy Krieger outcomes working with individuals with Co-Morbid Severe Behavior Disorders:

- 85% of patients discharged had reduced problem behaviors by 80%
- 88% of patients had maintained their treatment gains at follow-up
- 95% of families reported satisfaction with services
- 99% of patients were discharged with at least one caregiver prepared to follow and maintain their treatment plans

NJ System of Care Demonstration Site
Including the
Co-Morbid Severe Behavioral Unit
NJ-CSBU*



For additional information contact:

Cyndy Hayes - cyndyhayes@gmail.com - 908-904-9319 or Donna Icovino - donnaicovino@comcast.net - 732-547-9150

NJ System of Care Demonstration Site

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NJ-SBU

